

(Breakthrough, March 1985)

## **INTERESTING SIDE EFFECTS OF HEMI-SYNC® METAMUSIC®**

*by Suzanne Morris -*

*Dr. Suzanne Morris, one of our Professional Members, was working with a family who has a child with a developmental disability. The Metamusic Blue and Metamusic-Green tapes were given to the family for home use as part of the therapy.*

The parents were so impressed with the results of the Metamusic tapes with their child that they decided to try these tapes with their eight-year-old son who was normal except for a chronic bed-wetting problem. The mother kept careful records of which tapes were used each night and to the family's amazement, the child never wet his bed after listening to the *Metamusic Blue* tape, whereas the *Metamusic Green* tape was not effective for his problem in this case.

Due to the results found in this particular case using the two Metamusic tapes, several questions arise:

Would other Hemi-Sync tapes of similar frequency create the same effect?

What makes people resonate to one type of music better than another?

Is the slightly higher beta content of the *Metamusic Blue* significant to the results found in this bed-wetting case?

Please let us know if you have noted anomalies like this in your work using Hemi-Sync and if you have noted a difference in the effectiveness of *Metamusic Blue* and *Metamusic Green* with your patients, clients or students. We are very interested in your feedback.

Hemi-Sync® is a registered trademark of Interstate Industries, Inc.

© 1985 The Monroe Institute